

<p>TEN WAYS TO RECOGNIZE HEARING LOSS*</p>

If you answer “yes” to three or more of these questions, you need to have your hearing evaluated by a hearing professional.

- Do you have a problem hearing over the telephone?
- Do you have trouble following the conversation when two or more people are talking at the same time?
- Do people complain that you turn the television volume up too high?
- Do you strain to understand conversation?
- Do you have trouble hearing in a noisy background?
- Do you find yourself asking people to repeat him or herself?
- Do many people you talk to seem to mumble (or not speak clearly)?
- Do you misunderstand what others are saying and respond inappropriately?
- Do you have trouble understanding the speech of women and children?
- Do people get annoyed because you misunderstand what they say?

*Courtesy of the National Institute of Deafness and other Communication Disorders – one of the National Institutes of Health.